

Periodic Health Checks for Students

Periodic health checkups for students are conducted every year in accordance with the **School Health and Safety Act**. The purpose of these checks is to detect illnesses at an early stage and to promote the maintenance of good health, so please **be sure to take the health check every year**.

Please confirm the schedule below and be sure to attend your medical on the designated date and time.

If you are unable to attend on the designated date and time due to unavoidable reasons such as poor health, you may attend on another date and time during the health checkup period. If you wish to not participate in these medicals due to disability, gender identity, religious beliefs, etc., please consult with the Office of Medical Services in advance.

<2024 Periodic health checkups for students>

	April 3 (Wed) women	April 4 (Thu) men	April 5 (Fri) women	April 6 (Sat) men				
AM	1st Year (GS)	9:00~9:20	1st Year (E/F/G/H)	9:00~9:20	3rd Year (A1~A6)	9:00~9:30	3rd Year (A1~A6)	9:00~9:20
	1st Year (GT)	9:20~9:40	1st Year (I/J/L/R)	9:20~9:40	3rd Year (A7~A12)	9:30~10:00	3rd Year (A7~A12)	9:20~9:40
	1st Year (A1~A6)	9:40~10:20	2nd Year (E/F/G/H)	9:40~10:00	3rd Year (E/F/G/H)	10:00~10:30	3rd Year (E/F/G/H)	9:40~10:00
	1st Year (A7~A12)	10:20~11:00	2nd Year (I/J/L/R)	10:00~10:20	3rd Year (I/J/L/R)	10:30~11:00	3rd Year (I/J/L/R)	10:00~10:20
	UK · RB/Domestic International Students	11:00~11:30	Graduate School 1st Year · 2nd Year · 3rd Year	10:20~10:40	3rd Year (GS)	11:00~11:20	4th Year (A1~A6)	10:20~10:40
	1st Year (Students enrolled before 2023)	11:00~11:30	Junior College 1st Year · 2nd Year	10:20~10:40	3rd Year (GT)	11:20~11:40	4th Year (A7~A12)	10:40~11:00
			1st Year (GS : Fall Admission)	10:40~11:00			4th Year (E/F/G/H)	11:00~11:20
		2nd Year (GS/GT)				4th Year (I/J/L/R)	11:20~11:40	
		3rd Year (GS/GT)	11:00~11:20					
PM	April 3 (Wed) men	April 4 (Thu) women	April 5 (Fri) women	April 6 (Sat) women				
	1st Year (GS/GT)	13:00~13:20	1st Year (E/F/G/H)	13:00~13:30	4th Year (A1~A6)	13:30~14:00	2nd Year (A1~A6)	13:30~14:00
	UK · RB/Domestic International Students	13:20~13:40	1st Year (I/J/L/R)	13:30~14:00	4th Year (A7~A12)	14:00~14:30	2nd Year (A7~A12)	14:00~14:30
	Transfer Students 2nd Year · 3rd Year	13:40~14:00	Transfer Students 2nd Year · 3rd Year	14:00~14:30	4th Year (E/F/G/H)	14:30~15:00	2nd Year (E/F/G/H)	14:30~15:00
	1st Year (A1~A6)	14:00~14:30	Graduate School 1st Year · 2nd Year · 3rd Year		4th Year (I/J/L/R)	15:00~15:30	2nd Year (I/J/L/R)	15:00~15:30
	1st Year (A7~A12)	14:30~15:00	Junior College 1st Year · 2nd Year	14:30~15:00	4th Year (GS)	15:30~16:00	1st Year (GS : Fall Admission)	15:30~15:50
	2nd Year (A1~A6)	15:00~15:30			4th Year (GT)	16:00~16:30	2nd Year (GS)	
	2nd Year (A7~A12)	15:30~16:00					2nd Year (GT)	15:50~16:10
1st Year (Students enrolled before 2023)	15:30~16:00							
4th Year (GS/GT)	16:00~16:20							

<Location>

Morita Memorial Hall

*Entrance is on the second floor, north side.

<Subjects of Health Checkups>

Regular students (including Bekka Students) affiliated with the Kyoto Gaidai.

*Students who will enroll in Fall 2023 are also required to take the examination.

<Precautions for medical checkups>

- Please wear clothes that are easy to put on and take off.
- If you have corrected vision, your eyesight will be measured with glasses or contact lenses, so please do not forget to bring them with you.
- Urine analysis can be performed even if you are menstruating.
- Please keep your valuables in your own safekeeping.

<What to bring with you>

1) Student ID card, login ID and password

2) Your WEB health questionnaire

***A copy of your answers (e-mail) or a screenshot of your completed answers will be used during the medical.**

3) **Plain T-shirt** (HEATTECH, colored T-shirts are acceptable)



*Not suitable: printed, embroidered, lace or other decorated apparel, bra tops, dresses, etc.

4) **Hair band or hair clip** (if your hair hangs over the shoulders)

5) **Glasses/contact lenses** (for those with corrected vision)

Important: Completion of the WEB Health Questionnaire (required)

A WEB Health Questionnaire will be administered as part of the Student Health Examination for the 2024 academic year; those who have not completed the Web Health Questionnaire will not be able to undergo the medical or receive their health examination certificate. Please be sure to respond to the questionnaire during the following period.

WEB Health Questionnaire			
New students	https://forms.office.com/r/KfAt0zLrpr 	response period	From Monday, April 1, 2024 to Tuesday, April 2, 2024 at 23:59 *If the deadline has passed, please respond at the Morita Memorial Hall on the day of the medical checkup. *If you do not know how to operate the system, we will explain it to you at the Morita Memorial Hall on the day of the medical checkup.
Current students	https://forms.office.com/r/9NeafE99Bn 	response period	From Thursday, March 21, 2024 to Tuesday, April 2, 2024 at 23:59 *If the deadline has passed, please respond at the Morita Memorial Hall on the day of the medical checkup.

How to Answer the Questionnaire:

Please access the URL above and sign in with your **Kyoto Gaidai Gmail address and password**.

The survey will take approximately 5 minutes.

At the end, check the "Receive a confirmation email about my response" checkbox, and then click submit.

A copy of your responses will be sent to your Gmail address. Please do not delete the email, please save it as it will be checked on the day of the medical. You will also be able to confirm that you have already answered the questions on screen (you have responded). Please save this screen.

The Office of Medical Services, the Office of Counseling Services, or the Support Office for Students with Disabilities may contact you at a later date to confirm your responses.

<Periodic health checkups to be done>

*Electrocardiogram tests will be conducted only for students admitted in 2024 (including transfer students and re-admitted students). There is no electrocardiogram test for Bekka Students(ID:RB) and Exchange Students(ID:UK).

*Students who receive a result of "observation at the next medical checkup" or "close examination required" in the electrocardiogram test carried out at the time of admission should consult separately with a medical institution.

		Height Weight	Eyesight	Urine test	Doctor consultation	Chest X-rays	※WEB Health Questionnaire	ECG
Current Students	Foreign Studies/Global Engagement 1st Year (Fall Admission, Students enrolled before 2023)	○	○	○	○	○	○	×
	Foreign Studies/Global Engagement 2nd Year	○	○	○	○	○	○	×
	Foreign Studies/Global Engagement 3rd Year	○	○	○	○	○	○	×
	Foreign Studies/Global Engagement 4th Year	○	○	○	○	○	○	×
	Graduate School 2nd Year	○	○	○	○	○	○	×
	Graduate School 3rd Year	○	○	○	○	○	○	×
	Junior College 2nd Year	○	○	○	○	○	○	×
New Students	Foreign Studies/Global Engagement 1st Year	○	○	○	○	○	○	○
	Transfer Students 2nd Year, 3rd Year	○	○	○	○	○	○	○
	Graduate School 1st Year	○	○	○	○	○	○	○
	Junior College 1st Year	○	○	○	○	○	○	○
	Bekka Students (ID:RB) Exchange Students (ID:UK)	○	○	○	○	○	○	×

<If you are unable to attend the regular medical checkup on campus>

If you are unable to have your medical checkup on campus, you can have a medical checkup at the university-designated medical institution until the end of April (the cost will be covered by the university). Details will be announced on UNIPA and on the bulletin board in the Office of Medical Services.

*Please note that if you receive a checkup at an institution other than those designated by the university, or if you receive a checkup after May 1 (Wed), you will be responsible for the costs incurred.

*For inquiries about medical checkups, please contact the Office of Medical Services (075-322-6024).

Regarding the Results of your Medical Checkup

<Time of Notification Results of your Medical Checkup>

	Viewing test results	Issue health certificates
Students examined on campus	After mid-May	After mid-May
Students examined off-campus	Approx. 1 month after the date of checkups	Approx. 1 month after the date of checkups

<How to View the Results of your Medical Checkup>

The results can be viewed on UNIPA.

Go to UNIPA -> Student support -> Health diagnostic information inquiry.

<If the result of the medical shows "Further Checks Required">

In the event that your medical checkup result is that a detailed follow-up medical examination is required, if you have no subjective symptoms, you may need to undergo medical treatment and a follow-up examination within a month. Please book and attend a detailed medical examination at a medical institution, and be sure to submit the "Detailed Follow-up Medical Examination Report" to the Office of Medical Services.

***However, if you are currently undergoing treatment or follow-up observation at a medical institution, please submit your latest results (in writing) to the Office of Medical Services.**

***The Office of Medical Services will contact the student via UNIPA. Please be sure to confirm the content.**

1) What to bring with you at the time of the detailed follow-up medical examination:

- Health insurance card
- Result of the first medical
- The documentation requesting you to attend the detailed follow-up medical examination

***If you are scheduled to attend the detailed follow-up medical examination, please come to the Office of Medical Services to pick up the necessary documents and results.**

2) Costs

All costs related to the detailed follow-up medical examination are to be paid by the student.

3) Notes

If you do not submit the "Detailed Follow-up Medical Examination Report," we will not be able to issue a medical checkup certificate.

In such cases, you may not be able to participate in study abroad programs, CEP, etc.