COVID-19 Response Manual (for Students)

【If you have symptoms suggestive of COVID-19】
1. If you have cold-like symptoms including a fever of over 37.5℃
   - Stay home to recuperate, do not come to the University, and refrain from making outings.
   - Make notes on the “Health Monitoring Checklist” and observe your health condition.
   ※The Checklist may be downloaded via Web Campus→Information→List of Applications
   - If you are seeking medical care, call the medical facility prior to your visit, and follow their instructions.

2. If you think you have COVID-19
   - If you think you are infected with the novel coronavirus, call the consultation center for returnees to Japan and people with potential exposure to COVID-19. https://www.mhlw.go.jp/stf/seisakunitsuite/bunya/kenkou_iryou/covid19-kikokusyasessyokusya.html
   ※Symptoms suggestive of COVID-19 are as follows:

   ① Over 4 days of cold-like symptoms or fever of over 37.5℃
   ※Over 2 days if you are an older adult or have underlying conditions
   ② Intense physical weariness or shortness of breath

【If you are diagnosed with COVID-19 (includes observation period)】
1. Report the diagnosis made by a medical facility to the University
   - Call the Office of Medical Services (075-322-6024).
   The Office will ask you on the circumstances leading up to the diagnosis in detail. (Form 1)
   - The Office of Medical Services reports to the persons and parties concerned.

2. The student may not come to the University until fully recovered
   - Meanwhile, keep observing your health condition and make notes on the “Health Monitoring Checklist”.
   - If you were not tested but instructed to self-monitor your symptoms, do not come to the University.
   - In conformity with the School Health and Safety Act, the Office of Medical Services contacts the faculty in charge of courses taken by the student via e-mail.

3. Report when your recovery process / self-monitoring period is over
   - Obtain a medical clearance certificate which proves that you have fully recovered or finished your self-monitoring period, and call the Office of Medical Services.
   - E-mail the “Health Monitoring Checklist” to the Office of Medical Services.
   - The Office of Medical Services will contact you whether you may come to the University again.

4. Submit the medical clearance certificate
   - If you are still in the middle of your prohibition period, send the certificate to the Office of Medical Services by post (or attach a copy via e-mail).
   - For students who sent a copy via e-mail, submit the original copy of the medical clearance certificate to the Office of Medical Services immediately once you are allowed entry to the University again.
   - The Office of Medical Services will notify the faculty in charge of courses taken by the student via e-mail.
   ※Each student is responsible to contact their faculty to check on the content of classes missed.
【If you are identified as a person in close contact with a COVID-19 case】

1. **Report if you are identified as having been in close contact or live with a COVID-19 case**
   - Call the Office of Medical Services (075-322-6024).
   - The Office will ask you on the circumstances leading up to the potential exposure in detail. (Form 1)
   - The Office of Medical Services reports to the persons and parties concerned.

2. **Do not come to the University for 2 weeks after your last exposure to a COVID-19 case**
   - Stay home and refrain from making outings.
   - Meanwhile, keep observing your health condition and make notes on the “Health Monitoring Checklist”.
   - A “person in close contact with someone who has COVID-19” is a “person who has been in contact with a confirmed COVID-19 case sometime from two days before the patient showed symptoms of COVID-19 (see below) until that patient went into quarantine” AND falls into either one of the following:
     * Includes fever, cough, respiratory symptoms, physical weariness, sore throat, runny/congested nose, headache, joint/muscle pain, diarrhea, nausea/vomiting
     - Those who live with someone who has COVID-19 (confirmed case) or were in contact for a long time (including car and plane rides)
     - Those who were providing care for someone with COVID-19 (confirmed case) without the use of appropriate personal protection equipment
     - Those with a high possibility of having been in direct contact with contaminants such as respiratory tract fluids or other bodily fluids of someone with COVID-19 (confirmed case)
     - Those who had over 15 minutes of contact with someone who has COVID-19 (confirmed case) without taking preventative measures and within a reachable distance (roughly 1 meter). (The risk of infection will be evaluated according to factors such as where and how you got in contact).
     - In conformity with the School Health and Safety Act, the Office of Medical Services contacts the faculty in charge of courses taken by the student via e-mail.

3. **Inform the University prior to entering the premises**
   - E-mail the “Health Monitoring Checklist” to the Office of Medical Services.
   - The Office of Medical Services will notify the faculty in charge of courses taken by the student via e-mail.
   - The Office of Medical Services will contact you whether you may come to the University again.

【Contact】

Division of Student Affairs Health Support Center Office of Medical Services
NO-ENTRY PERIOD 9:00~17:00

TEL : 075-322-6024
Mail : hoken@kufs.ac.jp

University Physician / Occupational Health Physician Office Hours
[THU. / Fri.] 13:00~17:00

※E-mail immediately if you find out that you have tested positive during nighttime or on a holiday.